Lauren Allen

Vocal Range: G3-Bb5

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Production The Breakup Cabaret	Role Self	Director Self	Company Staple Productions
Burn Rubber, Dolly*	Rose	Gordon McCall	The Lyric Theatre
In Ireland We Rented a Car from Criminals	Mary	Andrew Johnston	DumbAx Productions
The Born-Again Crow	Mom	Grahame Kent	Live Five/THUG Work
Homeward Bound	Kez	Thomas Gilroy	Loline Stage & Film
Cabaret Immersif	Lauren	Émilie Loisson	Olala Party
Overhear	Writer/Performer	Torien Cafferata	It's Not a Box Theatre
Short Cuts 2016, 2017, 2021	Ensemble	Yvette Nolan**	Hardly Art Theatre
Encore	Understudy, all roles	Natalie Fehéregyházi	Apuka Theatre
Lullabies and Cautions (staged reading)	Mercy Coles	Daryl Cloran	SK Playwright's Centre
It's Complicated: a Stephen Sondheim Cabaret	Self	Kathy Allen	Staple Productions
A Year with Frog and Toad	Ensemble	Geoffrey Tyler	RuBarb Productions
Dry Streak	Kate Allen	Kenn McLeod	Souris Valley Theatre
Tightrope	Ensemble	Kate Herriot	The Tightrope Collective
Magical Munsch (Tour)	Narrator	Crispi Lord	Wide Open Children's Theatre
Dominion (staged reading)	Marie-Phillipe	Philip Adams	SK Playwrights' Centre
Walk the Trail	Actor 3	Joel Bernbaum	Sum Theatre SK
Prendre Racine	L'amoureuse	David Granger	La Troupe du Jour
A Little Night Music	Petra	Jim Guedo	Grant MacEwan University

Training

On Camera Acting with John Boylan (2023), Volcano Conservatory (2020), Centre de Danse du Marais (2017-18); Compass Points National Planning Committee 2016 (Magnetic North Theatre Festival); Compass Points Program 2015 (Magnetic North Theatre Festival); Grant MacEwan University Theatre Arts Program (class of 2013); Kinsmen Young Company (Persephone Theatre) (2011); Saskatoon Youth Music Theatre (2002, 2004 – 2009); Brenda's School of Baton and Dance (2007 – 2009)

Voice: Fides Krucker, Alyssa Billingsley, Kennedy Cathy MacKinnon; Kirstin Piehl; Shannon Hiebert; Ron Long; Janet Nichol; Julia Jamison; Deborah Buck; Dianne Murray-Charrett

Acting: John Boylan; Jillian Keiley; Erika Batdorf; Jennifer Brewin; Kent Allen; Jane Redlyon; Kathy Allen; Del Surjik; Ryan Parker; Farren Timoteo; Shannon Boyle; Marianne Copithorne; Kate Ryan; Ken Brown; Jim Guedo; Jennifer Spencer; Philip Adams; Tom Bentley-Fisher

Dance: Martine Raveaux; Jaqueline Block; Jaqueline Pooke; Cindy Kerr; Diane Okrainetz; Jaclyn Young; Michelle Garrecht

Other: Dug Rotstein and Shane Scott (Script Supervision Masterclass), Andrea Nann (Movement), Marjorie Chan (Writing for Theatre), Daniela Saioni (Script Supervision and Camera Coverage for Film and TV), Julie Tepperman (Independent Theatre Production), Nicholas Walsh (Dance Theatre and Movement); Marceau Deschamps-Segura (Shakespeare); Ben Rajca (Improv); Charles Di Meglio (Baroque); Émilie Loisson (Burlesque); Judith Koltai (Proprioceptive Practice); Kenn McLeod and Jed Tomlinson (Clown); Kent Allen (Stage Combat); Emily Pearlman (Devising); Skye Brandon (Shakespeare); Eric Rose (Devising); Dave Horak (Movement); Jan Henderson (Neutral Mask); Marie-Claire Marcotte (Commedia Dell'arte)

Special Skills

Directing credits: The Short Cuts Ten Minute Play Festival (Hardly Art Theatre, On the Boards, 2021), We Don't Make Babies the Way We Used To (Dévisage Theatre, 2018)

Experience as Script Supervisor, Burlesque Instructor, Producer, Stage Manager, Production Assistant.

Certified in Mental Health First Aid (February 9th, 2023), Safe Sets International COVID-19 (July 15th, 2020), and Supervisor Health and Safety Ontario (July 15th, 2020).

Communications Manager for the *Future Prairie Theatre Initiative* and member, *Saskatchewan Association of Theatre Professionals*.

Founder of Social Media The L.A. Way, Artistic Associate at Hardly Art Theatre (2018-present), Artistic Associate at Embrace Theatre (2014-15), Founder/Producer at Staple Productions

Candice Beitel Memorial Award for singing (Grant MacEwan University), Evelyn Davis Scholarship for dance (Grant MacEwan University).

Euphonium (intermediate), Piano (beginner), Guitar (beginner), Tap (intermediate), Jazz (intermediate), Waltz (beginner), Ballet (beginner), Lyrical (beginner).

Fluent French speaker